# 2018 <br> CANTERBURY WEST COAST CHAMPIONSHIPS 

## \& Para Swimming Canterbury Championships

Held in conjunction with<br>2018 Otago Championships

Moana Pool, Dunedin (LC)

17-20 January 2018

1. All registered competitive swimmers are eligible to enter
2. Para swimmers are eligible to compete at this meet and shall compete under IPC Swimming rules. Para swimmers must present their classification card to the referee prior to the commencement of the meet.
3. Age as at 17 th January 2018. Entry is restricted to swimmers aged 13 years and over as at 17 January 2018 however athletes turning 13 years of age between the $18^{\text {th }}$ of January 2018 and the 27 th of January 2018 will be eligible to compete as they become ineligible to compete at the Canterbury Junior Championships. Entries for these athletes must be done manually with the meet organizer.
4. ENTRY FEES: $\$ 10$ per individual event and $\$ 15.00$ per relay event GST inclusive.
5. Entries open midnight Sunday $3^{\text {rd }}$ December 2017 and close midnight Monday the 8 th of January 2018. All individual entries are to be completed ONLINE only through the Swimming NZ database. Individual entries are paid during the online process. Club entries will be invoiced based on entries processed as at Monday the 8th of January 2018. There will be no refund of entry fees except at the discretion of the meet organiser.
6. NO LATE ENTRIES WILL BE ACCEPTED.
7. Qualifying times are 50 m times. Entry times swum in pools other than 50 m must be converted using the SNZ conversions.
8. All entries must have a time. NT (No Time) will not be accepted for entry
9. Swimming Canterbury West Coast and Swimming Otago reserves the right to restrict entries to ensure the timeline is adhered to.
10. Submission of entries constitutes acceptance of these Meet rules and Conditions.
11. Confirmation of entries will be sent to clubs by $10^{\text {th }}$ January 2018. Clubs are to check swimmers entries, events and times are correct. Any changes must be sent to the Meet Organiser by 12 January 2018 prior to the Psych Sheets being posted on the SCWC website.
12. Age Groups for individual events are $13 \& 14 y r s, 15 \& 16 y r s, 17 y r s ~ \& ~ o v e r ~$ Age Groups for relays are $15 y r s \&$ under and $16 y r s$ \& over
13. Electronic timing will be used at this meet.
14. Registered Swimming Canterbury West Coast (SCWC) swimmers are eligible to enter ONLY the SCWC Championships and must attain the qualifying times as stipulated on the SCWC Meet Flyer. Registered Swimming Otago swimmers are eligible to enter ONLY the Swimming Otago Championships and must attain the qualifying times stipulated on the Swimming Otago Meet Flyer.
15. Clubs from other regions which are eligible by attaining the qualifying times may enter either the SCWC Championships or the Swimming Otago Championships as a club but cannot enter both, i.e. entries from individuals from the same club cannot be split between the two meets.

## RULES OF THE CHAMPIONSHIPS

1. This meet will be conducted under the Swimming NZ Regulations, SNZ By-Laws and FINA Rules with the exception of local meet rules.
2. The morning sessions will be swum as timed finals, separate gender, mixed ages, combined SCWC and Otago swimmers and will be seeded slowest to fastest based on submitted entry times.
3. Para Swimmers will be seeded in the timed finals according to their entry times. Para swimmers are eligible for the following events 50 m \& 100 m all strokes; 200m freestyle and 200IM for all classifications; 400 m freestyle S 6 and above. There will be mixed Para Otago Canterbury Finals during the evening sessions in the following events; 100 Breaststroke, 50 Butterfly, 100 Backstroke, 200 Freestyle, 50 Backstroke, 100 Freestyle, 50 Freestyle and 100 Butterfly.
4. Over the top starts may be used at the discretion of the Referees and Meet Directors.
5. Finals will be swum in the following age groups: $13 \& 14 y r s, 15 \& 16 y r s, 17 \&$ over and Open.
6. The fastest eight (8) swimmers from each age group in each event from the combined championships timed finals (morning session) will progress to the finals in the evening session regardless of the region they are from.
7. Swimmers qualifying for an Open final event cannot swim in their age group final for the same event.
8. A \& B finals will be swum in the $13 \& 14$ yrs, $15 \& 16$ yrs and the 17 \& over age groups where 24 or more swimmers swim in the morning timed finals in $50 \mathrm{~m}, 100 \mathrm{~m}$ and 200 m events. Only A finals will be swum across all the age groups for 400 m events.
9. One Open final for Para swimmers will be swum in their eligible events if required.
10. There will be no evening finals for the 800 m and 1500 m events. The reverse distance, ie. boys' 800 m and girls' 1500 m , is restricted to one heat per event across both regions.
11. Overseas swimmers must have been registered with the SCWC Centre for a minimum of six (6) months prior to the meet to be eligible for titles and records.
12. Only SCWC registered swimmers will be eligible for regional records, trophies, and bounty prize money.
13. Relay names, in the order of swimming, must be with the recorder 30 minutes prior to the start of the session in which the relay event is being held. Only swimmers competing in the meet are eligible to swim in relays. Each club may enter a maximum of 2 teams in each relay.
14. All relays are timed finals.
15. SCWC Individual medalists and trophy winners will be determined from the results of the timed finals in the morning sessions. Para Swimming results will also be from the results of the timed finals and will be determined based on the athletes results in comparison to the relevant NZ record in their respective classification. i.e. the competitor who achieves the best percentage of their own classifications world record will be placed first, and so on.
16. Points will be awarded from $1^{\text {st }}$ to $8^{\text {th }}$ place from the timed finals sessions as follows: $18,14,12,10,8,6,4,2$.
17. Club Points Trophy (evening sessions only) will be awarded to the top club, points are as follows:

| Open final: | $50,45,40,39,38,37,36,35$ |
| :--- | :--- |
| Age group A final: | $30,28,26,25,24,23,22,21$ |
| Age group B final: | $10,8,6,5,4,3,2,1$ |
| Para Event Points: | $10,8,6,5,4,3,2,1$ |

## SCRATCHING/WITHDRAWAL RULE

1. Late withdrawals will incur a penalty fee of $\$ 50.00$
2. Withdrawals for the first session of timed finals will close at 7.00 pm on January 17 th 2017 with Otago Swimming
3. Subsequent timed finals withdrawals will need to be with the Control Room Supervisor by the end of the preceding evening's finals session.
4. Withdrawals from the finals need to be with the CRS 30 minutes after the completion of the event in which the qualification occurred.

## GENERAL

1. At the beginning of each race when the whistle is blown there is to be silence and no movement on the pool deck.
2. Swimmers are to leave the pool by the sides when the preceding race has started by swimming under the lanes ropes. Swimmers are not to exit the pool over the end or touch the pads while exiting.
3. The designated area is to be used for warm-up and warm-down ONLY.
4. Swimmers and coaches must adhere to the official warm-up procedures as specified in the meet programme.
5. Marshalling area to be advised in the program

## Record Bounties

■ Bounties on Canterbury West Coast long course records are offered and linked to the number of years the record has stood at $\$ 10$ per year; i.e. breaking a record which has stood for 6 years will earn $\$ 60$; breaking a 14 year one will earn $\$ 140$.

- Bounty prize money is only available to registered Swimming Canterbury West Coast swimmers.
- Prize money will be paid via direct credit to clubs.
- Prize money for relay events will be split between the participants listed with the recorder for that session and paid via direct credit to clubs.


## DUTY CLUBS

All participating Swimming Canterbury West Coast clubs are expected to assist with normal duty club responsibilities (including catering) during the sessions. A list of duties will be sent to clubs.

## PRIZES

1. Medals will be awarded to 1 st, 2 nd \& 3rd places and ribbons will be awarded to $4^{\text {th }}-8^{\text {th }}$ places in each individual event from the timed finals events swum in the morning.
2. Medals will be awarded to 1 st, 2 nd \& 3 rd in the relay events.
3. Prize Money will be awarded to 1 st, 2 nd \& 3rd place in the OPEN finals only except event 20 (female 800 Free) and 35 (male 1500 Free) where the overall top 3 will be awarded prize money as follows: $1_{\text {st }}-\$ 25,2_{\text {nd }}-\$ 15$ and 3 rd $-\$ 10$.

Regional Championships

| Day 1 - Wed 17 Jan <br> Session 1 <br> Warm up 7.30am - 8.20am, Start 8.30am |  |  | Day 2 - Thurs 18 Jan <br> Session 3 <br> Warm up 7.30am - 8.20am, Start 8.30am |  |  | Day 3 -Fri 19 Jan <br> Session 5 <br> Warm up 7.30am - 8.20am, Start 8.30am |  |  | Day 4 - Sat 20 Jan <br> Session 7 <br> Warm up 7.30am - 8.20am, Start 8.30am |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 200 Backstroke | M | 13 | 200 Freestyle | M | 25 | 800 Freestyle (Fastest 8) | M | 35 | 1500 Freestyle | M |
| 2 | 200 Backstroke | F | 14 | 200 Freestyle | F | 26 | 1500 Freestyle (Fastest 8) | F | 36 | 400 Individual Medley | F |
| 3 | 100 Breaststroke | M | 15 | 100 Backstroke | M | 27 | 200 Individual Medley | M | 37 | 50 Freestyle | M |
| 4 | 100 Breaststroke | F | 16 | 100 Backstroke | F | 28 | 200 Individual Medley | F | 38 | 50 Freestyle | F |
| 5 | 50 Butterfly | M | 17 | 50 Breaststroke | M | 29 | 50 Backstroke | M | 39 | 100 Butterfly | M |
| 6 | 50 Butterfly | F | 18 | 50 Breaststroke | F | 30 | 50 Backstroke | F | 40 | 100 Butterfly | F |
| 7 | 400 Freestyle | M | 19 | 400 Individual Medley | M | 31 | 100 Freestyle | M | 41 | 200 Breaststroke | M |
| 8 | 400 Freestyle | F | 20 | 800 Freestyle | F | 32 | 100 Freestyle | F | 42 | 200 Breaststroke | F |
|  |  |  |  |  |  | 33 | 200 Butterfly | M |  |  |  |
|  |  |  |  |  |  | 34 | 200 Butterfly | F |  |  |  |

## Otago Canterbury West Coast Finals

| Day 1 - Wed 17 Jan Session 2 <br> Warm up 4.00pm - 4.50pm, Start 5.00pm |  |  | Day 2 - Thurs 18 Jan Session 4 <br> Warm up 4.00pm - 4.50pm, Start 5.00pm |  |  | Day 3 -Fri 19 Jan Session 6 <br> Warm up 4.00pm - 4.50pm, Start 5.00pm |  | $\begin{gathered} \text { Day } 4 \text { - Sat } 20 \text { Jan } \\ \text { Session } 8 \end{gathered}$ <br> Warm up 4.00pm -4.50 pm , Start 5.00pm |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 200 Backstroke | M |  | 200 Freestyle | M | 200 Individual Medley | F | 35 | 1500 Freestyle (fastest 8) | M |
|  | 200 Backstroke | F |  | 200 Freestyle | F | 200 Individual Medley | M |  | 400 Individual Medley | F |
|  | 100 Breaststroke | M |  | 200 Freestyle (Para) | Mixed | 50 Backstroke | F |  | 50 Freestyle | M |
|  | 100 Breaststroke | F |  | 100 Backstroke | M | 50 Backstroke | M |  | 50 Freestyle | F |
|  | 100 Breaststroke (Para) | Mixed |  | 100 Backstroke | F | 50 Backstroke (Para) | Mixed |  | 50 Freestyle (Para) | Mixed |
|  | 50 Butterfly | M |  | 100 Backstroke (Para) | Mixed | 100 Freestyle | F |  | 100 Butterfly | M |
|  | 50 Butterfly | F |  | 50 Breaststroke | M | 100 Freestyle | M |  | 100 Butterfly | F |
|  | 50 Butterfly (Para) | Mixed |  | 50 Breaststroke | F | 100 Freestyle (Para) | Mixed |  | 100 Butterfly (Para) | Mixed |
|  | 400 Freestyle | M |  | 400 Individual Medley | M | 200 Butterfly | F |  | 200 Breaststroke | M |
|  | 400 Freestyle | F | 20 | 800 Freestyle (Fastest 8) | F | 200 Butterfly | M |  | 200 Breaststroke | F |
| 9 | 15 \& u 4x100m Free | M |  | 15 \& u 4x100m | M |  |  |  | Hollander Cup |  |
|  | Relay |  |  | Medley Relay |  |  |  |  |  |  |
| 10 | 15 \& u 4x100m Free | F |  | 15 \& u 4x100m | F |  |  |  | Zenith Cup |  |
|  | Relay |  |  | Medley Relay |  |  |  |  |  |  |
| 11 | 16 \& o 4x100m Free | M |  | 16 \& o 4x100m | M |  |  |  | Festival Cup |  |
|  | Relay |  |  | Medley Relay |  |  |  |  |  |  |
|  | 16 \& o 4x100m Free | F |  | 16 \& o 4x100m | F |  |  |  |  |  |
|  | Relay |  |  | Medley Relay |  |  |  |  |  |  |

Qualifying Times

| Female |  |  |  | Male |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 13 \& 14 | 15 \& 16 | 17 \& over | Event | 13 \& 14 | 15 \& 16 | 17 \& over |
| 38.00 | 37.00 | 36.00 | 50 Free | 37.00 | 35.00 | 33.00 |
| 1:21.00 | 1:18.00 | 1:16.00 | 100 Free | 1:18.00 | 1:16.00 | 1:13.00 |
| 2:50.00 | 2:47.00 | 2:44.00 | 200 Free | 2:47.00 | 2:44.00 | 2:40.00 |
| 5:40.00 | 5.35 .00 | 5:30.00 | 400 Free | 5:35.00 | 5:30.00 | 5:25.00 |
| 11.30 .00 | 11:00.00 | 10:50.00 | 800 Free | 11:00.00 | 10:00.00 | 10:00.00 |
| 21:00.00 | 20:00.00 | 20:00.00 | 1500 Free | 20:00.00 | 19:00.00 | 18:40.00 |
| 44.00 | 43.00 | 42.00 | 50 Back | 42.00 | 40.00 | 38.00 |
| 1:35.00 | 1:33.00 | 1:31.00 | 100 Back | 1:33.00 | 1:30.00 | 1:27.00 |
| 3:14.00 | 3:11.00 | 3:09.00 | 200 Back | 3:15.00 | 3:05.00 | 2:55.00 |
| 47.00 | 46.00 | 45.00 | 50 Breast | 45.00 | 44.00 | 42.00 |
| 1:45.00 | 1:43.00 | 1:41.00 | 100 Breast | 1:42.00 | 1:38.00 | 1:35.00 |
| 3:38.00 | 3:35.00 | 3:32.00 | 200 Breast | 3:30.00 | 3:25.00 | 3:15.00 |
| 43.00 | 42.00 | 41.00 | 50 Fly | 42.00 | 40.00 | 38.00 |
| 1:35.00 | 1:33.00 | 1:31.00 | 100 Fly | 1:33.00 | 1:25.00 | 1:22.00 |
| 3:20.00 | 3:14.00 | 3:10.00 | 200 Fly | 3:15.00 | 3:10.00 | 3:05.00 |
| 3:18.00 | 3:15.00 | 3:11.00 | 200 IM | 3:11.00 | 3:06.00 | 3:00.00 |
| 6:30.00 | 6:25.00 | 6:20.00 | 400 IM | 6:20.00 | 6:10.00 | 6:00.00 |

